

PIEDMONT HIGH SCHOOL CROSS COUNTRY ATHLETIC SCHEDULE

Sport: Cross Country
Year: 2018-2019
Level: 9-12
Head Coach: Jeanine Holmlund
Coach Email: ajarama@comcast.net

Date	Opponent	Time of Game	Location	Dismissal Time
Sun, Aug 12, 2018	Oaktown Half Team Volunteer Water Station	7:15 AM	Lakeshore Ave. between 18th and Hanover	10:15 AM
Mon, Aug 13, 2018	Official Start of 5 day practice weeks	3:30/Must be excused in advance on xcstats if needed	Witter Field Bleachers	Monday 3:40-5:30 Tuesday-Friday 3:30-5:30 Late show without excuse push-ups
Tue, Aug 14, 2018	First day of School			
Thu, Aug 23, 2018	Highlander Sundown Classic Time Trial	4:00 All Athletes	Joaquin Miller Park	3:10 Regular School Dismissal Bus departure 3:25 parent pick up 6:00
Thu, Aug 30, 2018	Parent Picnic Potluck Meeting	5:00 pm dinner/parent meeting	Joaquin Miller Park	Regular practice for students, run to Joaquin Miller Park, drive home with parents
Tue, Sep 4, 2018	College Prep XC Invitational 2.15 miles	All Athletes 3:15 girls f/s 4:05 girl novice 4:55 girls vars 3:40 boys f/s 4:30 boys novice 5:15 boys varsity	Garin Regional Park, 1320 Garin Ave, Hayward, CA 94544	1:30 Dismissal 1:45 Bus departure, Bus arrival at school: 6:30 pm
Sat, Sep 15, 2018	Viking Opener 2 mile	8:35 AM	Spring Lake park, Santa Rosa	morning carpool freshmen Boys 6:30, .Bus 6:45
Thu, Sep 20, 2018	WACC Center #1 Garin Park	5:00 3-mile non-varsity boys 5:05 3-mile non-varsity girls 5:40 var boys 5:45 var girls	Garin Park, 1320 Garin Ave, Hayward, CA 94544	3:00 pm Dismissal 3:15 Bus departure, Arrival at school 7:30
Sat, Sep 29, 2018	Stanford Invitational	TBD 9:00 am Varsity 7	Stanford Golf Course	TBD Carpool 7:15 am

Wed, Oct 10, 2018	WACC Center Meet #2 3 Miles	4:00 All Athletes	Hayward High School 1633 East Ave, Hayward, CA 94541	2:00 pm 2:15 Bus departure, Arrival at school 6:15
Sat, Oct 19-20	Mt. Sac Invitational	TBD 1:00 pm All Athletes	San Antonio College, Walnut, CA	TBD 4:30 am Friday morning by bus Sat 6 pm
Thu, Oct 25, 2018	WACC Center Meet #3 3 Miles	4:00 All Athletes	Oyster Bay Regional Park, Neptune Dr, San Leandro	2:00 pm 2:15 Bus departure, Bus arrival at school 6:15
Sat, Nov 3, 2018	WACC League Championship	1:00 pm All Athletes SAT test date	Hayward High School 1633 East Ave, Hayward, CA 94541	Gather 11:00 am Bus TBD 11:15 starts after SAT
Sat, Nov 17, 2018	NCS Championship Varsity 7	TBD Division 4	Hayward High School, 1633 East Ave, Hayward, CA 94541	Carpool TBD
Wed, Nov 21, 2018	Team Fundraiser: Turkey Trot Volunteering	All available athletes and parents: Shirt and Bib Pick up	Veteran's Building	2:30 PM
Thu, Nov 22, 2018	Team Fundraiser: Turkey Trot Volunteering	All available athletes and parents: Different Shifts starting at 6:30 am	Piedmont Park	Starting at 6:30 am - 11:00
Sat, Nov 24, 2018	CIF State Championship	TBD (must qualify) Varsity	Woodward Park, 7775 N Friant Rd, Fresno, CA 93720	Friday TBD 11:00 am Carpool or Group Van
Thu, Nov 29, 2018	Team Awards Banquet Potluck	All Athletes and Families	TBD	5:30 PM